

Life in Every Drop

vida

Vida—Spanish for life—is a plant-powered, sunshine-in-a-bottle solution for optimal health. Modern living keeps us indoors, limiting our natural Vitamin D intake, which can impact everything from bone strength to mood. Vida delivers a creamy, lemon-flavored blend of vegan Vitamin D3, Vitamin K2, and Vitamin E, as well as nutrient-rich Sea Buckthorn Seed Oil to restore what your body craves. Designed for superior absorption and paired with nature's most effective co-nutrients, Vida makes feeling vibrant as simple as a daily drop.



HOW TO USE: Gently shake before use. Take the recommended daily serving, or as advised by your healthcare provider. Drop under your tongue and allow it to dissolve.

soy free



gluten free

Vida

- Stronger Bones and Teeth : Calcium where it belongs
- Better Heart Health : Supports clean, flexible arteries
- Glowing Skin & Cellular Protection : From Vitamins E & sea buckthorn
- Optimized Absorption of D3 with K2

How does Vida help your body?

Vida works by giving your body what the sun naturally provides—Vitamin D3—while pairing it with synergistic nutrients that maximize its effectiveness. Vitamin K2 ensures calcium goes where it’s needed (your bones) instead of where it’s harmful (your arteries). Vitamin E provides powerful antioxidant protection to keep cells healthy, while Sea Buckthorn Seed Oil delivers omegas and plant compounds that support your heart, skin, and immune system. Together, these ingredients form a daily defense system for stronger bones, better mood, healthier skin, and all-around vitality.

Key Ingredients

Vegan Vitamin D3: Supports immunity, mood, and bone health while aiding calcium absorption, especially important for those with limited sun exposure.

Vegan Vitamin K2: Works with Vitamin D3 to direct calcium into bones and away from arteries, promoting strong bones and heart health.

Vitamin E (Mixed Tocopherols): Provides full-spectrum antioxidant protection for skin, eyes, and immunity while supporting nutrient absorption.

Sea Buckthorn Seed Oil: Delivers omegas 3, 6, 9, and rare omega 7 plus antioxidants for skin repair, heart health, digestion, and immunity.

Natural Lemon Flavor from Lemon Seeds: Offers a bright, candy-like lemon taste with natural antibacterial and immune-supporting properties.



Supplement Facts

Serving Size: .25 ml
Servings per Container: 120

Amount Per Serving		% Daily Value
Vitamin D	25 mcg	125%
Vitamin K	12.5 mcg	10.5%

*Percent Daily Values are based on a 2,000 calorie diet.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.